

Final Program

All times are listed in U.S. Central Time

Friday, April 30

TIME BY ZONE

1:00 p.m.-7:00 p.m. PT	2:00 p.m.-8:00 p.m. MT	3:00 p.m.-9:00 p.m. CT	4:00 p.m.-10:00 p.m. ET
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Moderator: Blake Boggess, DO, FAOASM

3:00 p.m.-3:15 p.m. CT

President Welcome Remarks

- William Kuprevich, DO, FAOASM

Program Chair Welcome Remarks

- Blake Boggess, DO, FAOASM

3:15 p.m.-4:00 p.m. CT

Rusty Wright Memorial Keynote Speaker

USOPC Response to COVID-19 and Tokyo 2020 Preparations

Jon Finnoff, DO, Medical Director for the USOPC

Moderator: Jeffrey Bytomski, DO, FAOASM

Hot Topics in Sports Medicine

4:00 p.m.-4:30 p.m. CT

Allen Jacobs Memorial Featured Lecture

The Posterior Trigger Point: Ultrasound Techniques for Posterior Medial

Scapular Pain Syndromes

Albert Kozar, DO, FAOASM

4:30 p.m.-5:00 p.m. CT

Normal is Only a Setting on a Washing Machine: Mental Health and the Athlete

Jeanne Doperak, DO

5:00 p.m.-5:30 p.m. CT

Using Tech in the Clinic and Training Room

Brent Pickett, DO

5:30 p.m.-6:00 p.m. CT

Cardiac Implications of COVID-19 for Athletes

Kim Harmon, MD

6:00 p.m.-6:15 p.m. CT

Virtual Break

- Virtual Charity Golf
- Virtual Photo Booth
- Connect on Social Media: [#AOASM2021](#)
- AOASM Challenges

Moderator: John Luksch, DO, FAOASM

6:15 p.m.-8:00 p.m. CT

Podium Presenter Case and Research Presentations

Case Podium Presenters

1. Olabode Agaja, DO:
Platelet Rich Plasma Injection for a Latissimus Dorsi Tear in a Baseball Player
2. Nathan Fitton, DO:
Dangers of Bruce Lee Side Kicks
3. Mark Hanna:
A case of May-Thurner Syndrome in a 16-year-old female athlete
4. Justin Quinette, DO:
SIRVA/Rhabdomyolysis Following Second mRNA SARS-CoV-2 Vaccination
5. Brock Browning & Camille Drouin-Allaire:
Tibial Tuberosity Fracture in Adolescent Male

Research Podium Presenters

6. Brett Brodsky:
Cardiac Pathology following COVID-19 Infection in Division 1 Athletes
7. Michael Downing:
Examining Osteopathic Manipulative Treatment in Injured NCAA Athletes From a Single University
8. Andres D. Maeso & Scott Hyland, Jr., DO:
Acetabular Labral Tears in Division 1 Collegiate Athletes: A Comparative Analysis of Operative Versus Conservative Management
9. Christopher Mulholland, DO:
NSAID Use Poses Stress Fracture Risk
10. Thomas Page & Taesung Kim:
Changes in Body Composition and Metabolic Rate in Division 1 Wrestlers from Pre-Season to Peak Season

8:00 p.m.-9:00 p.m. CT

Mind, Body, & Spirits

Virtual Conference Reception 2.0

Moderator: R. Roberts Franks, Jr., DO, FAOASM

TODAY'S EXERCISE CHALLENGE:

Try something new today! Have you thought about checking out a new exercise online, trying a new routine, or changing up the scenery where you exercise? Today is the day! Have fun, work up a sweat, and share a picture or comment on today's exercise challenge to be entered into a drawing! Post to [#AOASM2021](#)! Participate daily in our Exercise Challenge to be entered into a raffle. One lucky poster each day will receive a fun gift!

TODAY'S SOCIAL MEDIA CHALLENGE:

Head on over to Twitter and post a selfie with you and the view outside your window today. We'll send one lucky poster (randomly chosen) a fun gift. Make sure you use [#AOASM2021](#) as a tag and include the location from which you are logging in. This contest is good for today (4/30) only, so don't forget to post something.

TIME BY ZONE

7:00 a.m.-3:30 p.m. PT	8:00 a.m.-4:30 p.m. MT	9:00 a.m.-5:30 p.m. CT	10:00 a.m.-6:30 p.m. ET
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Don't Miss These Fun Events Located in Gather.Town

- **Check out Gather.Town**
8:00 a.m. - 6:00 p.m. CT
- **Virtual Exhibit Hall**
8:00 a.m. - 4:00 p.m. CT
- **Speed Mentoring**
3:00 p.m. - 3:45 p.m. CT
- **Virtual Fellowship Fair**
4:00 p.m. - 5:30 p.m. CT
- **Photo Booth, Games, Virtual Golf, and Social Spaces**
All Day!

Instructor: Ashley Haan, CYT-200

7:45 a.m.-8:30 a.m. CT

LIVE YOGA

(Yoga Zoom link emailed to all attendees.)

Moderator: John Luksch, DO, FAOASM

9:00 a.m.-11:00 a.m. CT

Case and Research Abstract Poster Presentations

Case Poster Presenters

1. Jaffer Babaa, DO:
Glenoid Dysplasia in a High School Male Athlete
2. Steven Barrientos, DO:
Case Study: Back Pain in Collegiate Division I Hockey Player
3. Kelsey Diemer, DO:
An Electric Case with a Shocking Sequela
4. Edgar Dollar, DO:
The Metacarpal Left Standing
5. Steven Douville, MS, & Miles Kimbrough
Minimally Invasive Tenex Procedure for Achilles Tendinopathy: A Case Report
6. Stewart King & Jeffery Johnson:
Acute Biceps Femoris Partial Thickness Tear in Collegiate Athlete Treated with PRP
7. Nicole Fremarek, DO:
Shoulder Pathology versus Upper Extremity Somatic Dysfunction: Utilization of FDM and OMT for the Resolution of Shoulder Pain
8. Ansam Hasan, MD:
What Lies Beneath the Bruise
9. Raymond Jabola, DO:
A Case of the Diagnostic Advantage of Dynamic Musculoskeletal Ultrasound Over Magnetic Resonance Imaging in the Diagnosis of Spigelian Hernias
10. Blaire Lutes & Erin Buck:
Long QT Syndrome in Collegiate Swimmer - A Case Report
11. Elizabeth McBee, MS:
Pectorals Major Tear in a Division 1 Wrestler
12. James Meiling, DO:
Skiing the Slopes with a Large Thoracic Spinal Cord Ependymoma: A Case Report
13. Daniel Morgan, DO:
When the Thumb Hits the Floor: Conservative Treatment of Salter-Harris Type IV Thumb Fracture in a High School Football Player
14. Kathleen Naylor, DO:
A Bloodcurdling Knee Injury: A Case of a Complicated ACL Injury in a Young Female Athlete
15. Andrew Nguyen, DO:
Suprascapular Nerve Block and the Spencer Technique: A Novel Approach to Adhesive Capsulitis

Case Poster Presenters (Continued)

16. Saagar Patel:
A Case Report: The use of Platelet-Rich Plasma as a Treatment Method for a Lisfranc Injury in an Active 14-Year-Old Girl
17. Kishan Patel:
An Unusual Mechanism of Subchondral Lateral Femoral Condyle Fracture – A Case Report
18. Reginald Pinder, DO:
Diagnosing Pancreatic Cancer In An Otherwise Healthy Collegiate Athlete
19. Alyssa Piscitello, MS:
Congenital Bicuspid Aortic Valve and Role of Preparticipation Physicals
20. Caroline Pupke:
Collegiate Diver Makes a Splash with Chronic Scaphoid Fracture
21. Micah Schmal, DO:
Pre-participation Physicals and Abnormal Findings in the Era of Covid-19: A Case Report and Literature Review
22. Priya Sharma, DO:
Foot Pain in a Female Athlete
23. Lin Shen, DO:
Ultrasound-Guided Hydrodissection Using 5% Dextrose in Sterile Water and Platelet Releasate to Treat Ulnar Nerve Entrapment Post Ulnar Nerve Translocation in D1 Women's Basketball Student Athlete
24. Jessica Suba, DO:
A Presentation of COVID: Ascending Paralysis in a Young Runner
25. Jessica Suba, DO:
Constitutional Growth Delay Presenting as Significant Exercise Intolerance
26. Gandharv Telhan, DO:
Case Study: Back Pain and Dermatologic Findings in a Division II Football Player
27. Nicole Thomas & Amaad Choudry:
COVID Complications in a Division 1 Baseball Player
28. Joshua Torres:
Gradual Hip Pain in a Collegiate Volleyball Player
29. Arianna Vessal:
Wrist Function Recovery Course in a Scaphoid Nonunion Fracture With Avascular Necrosis: A Case Report
30. Mereze Visagie & Steven Kerr:
Valuable use of Ultrasound for Diagnosis, Monitoring and Treatment in a Case of Bilateral knee Chondrocalcinosis
31. Rock Vomer, DO, DPT:
A Hole in One

Research Poster Presenters

32. Michael Henehan, DO:
Evaluation of the EMG Characteristics of a Single Motion Shoulder Exercise
33. Elise McNulty:
Implications of Athletic Identity in High School, College, and Elite Athletes
34. Nicholas Ott:
Ultrasound-guided Posterior Iliac Crest Aspiration: A Case Series
35. Amit Piple:
Cervical Spine CT Scans Can Miss Fracture When Football Equipment is in Place

11:00 a.m.-11:15 a.m. CT

Virtual Break

- Gather.Town (Social Spaces - Network)
- Virtual Exhibit Hall - Exhibitor Time
- Gamification
- Virtual Charity Golf
- Virtual Photo Booth
- Play Virtual BINGO

Saturday, May 1 (Continued)

TIME BY ZONE

7:00 a.m.-3:30 p.m. PT	8:00 a.m.-4:30 p.m. MT	9:00 a.m.-5:30 p.m. CT	10:00 a.m.-6:30 p.m. ET
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Moderator: Rance McClain, DO, FAOASM

11:15 a.m.-11:30 a.m. CT

AOASM Business Meeting (Town Hall)

William Kuprevich, DO, FAOASM (President)
Susan Rees, MS (Executive Director)

11:30 a.m.-12:30 p.m. CT

Team USA - Olympic Sports Medicine Coverage & Performance

- Becca Rodriguez Regner, DO, FAOASM
- Brittani H. Cookinham-Freund, PT, DPT, PhD, ATC, LAT
- William Roundtree, MD
- Perry Williams, DC, DACBSP, USAW

12:30 p.m.-12:45 p.m. CT

Virtual Break

- Gather.Town (Social Spaces - Network)
- Virtual Exhibit Hall - Exhibitor Time
- Gamification
- Virtual Charity Golf
- Virtual Photo Booth
- Play Virtual BINGO

Moderator: Priscilla Tu, DO, FAOASM

Hot Topics in Sports Medicine

12:45 p.m.-1:15 p.m. CT

The COVID-19 Pandemic: Sports Medicine Updates and My Experience with MLB

Angela Cavanna, DO, FAOASM

1:15 p.m.-1:45 p.m. CT

Care of the Pediatric Athlete

Alex Diamond, DO

1:45 p.m.-2:15 p.m. CT

Orthobiologics

Paul Tortland, DO, FAOASM

2:15 p.m.-2:45 p.m. CT

Athletes and the Arts

Steven Karageanes, DO, FAOASM

2:45 p.m.-3:00 p.m. CT

Virtual Break

- Gather.Town (Social Spaces - Network)
- Exhibit Hall - Exhibitor Time
- Gamification
- Virtual Charity Golf
- Virtual Photo Booth
- Play Virtual BINGO

3:00 p.m.-3:45 p.m. CT

Speed Mentoring (Location: Gather.Town)

Moderator: Jason Smith, DO, FAOASM

3:45 p.m.-4:00 p.m. CT

Virtual Break

- Gather.Town (Social Spaces - Network)
- Virtual Exhibit Hall - Last Chance to Stop By!
- Gamification
- Virtual Charity Golf
- Virtual Photo Booth
- Play Virtual BINGO - Last Chance!

Gather.Town will be available until 6:00 p.m. for attendees to hang out, network, play games, and connect with fellow attendees.

4:00 p.m.-5:30 p.m. CT

AOASM Virtual Fellowship Fair (Location: Gather.Town)

Moderator: Kate Quinn, DO, FAOASM

TODAY'S EXERCISE CHALLENGE:

Don't forget to get in exercise today **on your own**, or check out our **on-demand exercise video(s)** that are located on the AOASM 2021 [homepage](#). Remember to post to social media [#AOASM2021!](#)

TODAY'S SOCIAL MEDIA CHALLENGE:

#Saycheese! Have you taken your photo at the AOASM Photo Booth? It is open the entire time during the Virtual Conference, so there is still time to participate in today's social media contest. (You can find the virtual link on page 4 in the program or head over to Gather.Town to find it!) Then head on over to Twitter and post your picture at the AOASM booth. We'll send one lucky poster (randomly chosen) a fun gift. Make sure you use [#AOASM2021](#) as a tag using the frame name to be included. This contest is good for today (5/1) only, so don't forget to get your conference photo and post something to share with your fellow colleagues.

TIME BY ZONE

1:00 p.m.-6:00 p.m. PT

2:00 p.m.-7:00 p.m. MT

3:00 p.m.-8:00 p.m. CT

4:00 p.m.-9:00 p.m. ET

Moderator: Brett DeGooyer, DO, FAOASM

Business of Medicine

3:00 p.m.-3:45 p.m. CT

Passing of the Gavel: Outgoing and Incoming Presidential Addresses

- William Kuprevich, DO, FAOASM
- Becca Rodriguez Regner, DO, FAOASM

AOA Induction of the Incoming AOASM President

- Thomas Ely, DO
- Becca Rodriguez Regner, DO, FAOASM

AOA Update

- Thomas Ely, DO (AOA President)

3:45 p.m.-4:30 p.m. CT

Transgender Athletes, Obesity Bias and Ethics

Eric Friedman, MD

4:30 p.m.-5:00 p.m. CT

Financial Planning for Doctors and Healthcare Professionals

- Shane Williams, Financial Advisor
- Doug Orton, CRPC
- Christopher W. Tipper, CEO

5:00 p.m.-5:15 p.m. CT

Virtual Break

- Virtual Charity Golf - Tournament ends at 6 p.m. CT!
- Virtual Photo Booth
- Connect on Social Media: [#AOASM2021](#)
- AOASM Challenges

Moderator: Brett DeGooyer, DO, FAOASM

Business of Medicine

5:15 p.m.-6:15 p.m. CT

Steps to Starting a Cash-Based Sports Medicine Practice

Daniel Clearfield, DO, MS, FAOASM

Moderator: Brett DeGooyer, DO, FAOASM

6:15 p.m.-6:45 p.m. CT

Billing and Coding in Sports Medicine

Anthony Ceraulo, DO

6:45 p.m.-7:15 p.m. CT

Telehealth

Megan Wahl, MS, LAT, ATC, CSCS

7:15 p.m.-7:45 p.m. CT

Sports Medicine Physician Wellness

Neesheet Parihk, DO

7:45 p.m.-8:00 p.m. CT

Case & Research Award Recognition

John Luksch, DO, FAOASM

Announcement of Virtual Gamification Raffle & Prize Winners

Blake Boggess, DO, FAOASM

Closing Remarks

Blake Boggess, DO, FAOASM

TODAY'S EXERCISE CHALLENGE:

Today's exercise challenge is to get outside and let's together participate in an asynchronous **Fun Run/Walk!** To be entered into a drawing, remember to post a picture or comment by 6:00 p.m. CT to social media, [#AOASM2021](#), on how you met today's exercise challenge! Last chance to post and win a fun gift!

TODAY'S SOCIAL MEDIA CHALLENGE:

Get up and stretch a bit between presentations. Then head on over to Twitter and share with your AOASM family a selfie of you and your pet and/or family member hanging out with you while attending AOASM 2021! We'll send one lucky poster (randomly chosen) a fun gift. Make sure you use [#AOASM2021](#) as a tag and include your pet/family member name(s) to be included. This contest is good for today (5/2) only, so don't forget to have fun and post something by 6:00 p.m. CT or sooner!

**Thank you again for attending the
AOASM 2021 Virtual Clinical Conference.**

We'll see you next year!

