



An Osteopathic Perspective of Body, Mind, and Spirit

Convocation Session Schedule March 23-27, 2022

Wednesday, March 23, 2022

General Session

8:00 am-10:00 am - Endurance Athletes

- Evolution of Medical Care at the Ironman Triathlon, by TK Miller, MD
- Medical Maladies in Marathoners, by Nathan Fitton, DO
- Analysis of Common Injuries in Rowing, by Alexandra Myers, DO

10:30 am-12:15 pm - Pediatric Sports Medicine

- Cases from the Pediatric Sports Medicine Clinic: Injuries and Overuse, by Kate Berz, DO
- COVID-19, Sports and the Health of Youth and Adolescents, by Alex Diamond, DO
- Early Specialization / Pediatric Burnout, by Mary Solomon, DO

AOASM Business Meeting

12:15 pm-12:45 pm

Lunch Break

12:45 pm-2:00 pm

General Session - Hot Topics

2:00 pm-4:30 pm

- **Russell Wright Memorial Lecture:**
Dr. Wright: The Man, the Osteopath, the Sports Doctor, the "Visionary": Development of the Osteopathic Profession, by Joel Stein, DO, FAOASM
- Between the Lines: Energy Deficiency in Athletes, by Dusty Marie Narducci, MD
- The Power of Iron: How Optimal Levels Help You Reach Your Genetic Potential, by Erica Goldstein, PhD
- Update and Consideration for the Transgender Athlete, by Anne Marie Zeller, DO

Opening Reception

5:00 pm-7:00 pm

AOASM Poster Session

5:00 pm-7:00 pm

Evening with the FAOs/FAOASMs

7:00 pm-9:00 pm

Evening With the Stars - OMT/MSK PE Skills

9:00 pm-11:00 pm

Thursday, March 24, 2022

Optional Morning Workouts

AAO & AOASM Fun Run

6:30am-7:15am

Yoga

6:30am-7:15am

General Session - Body

8:00 am-10:00 am

- Trauma Pearls, by Kenneth Lossing, DO
- Acute Injuries and Their Treatment with the Fascial Distortion Model (FDM), by Todd Capistrant, DO

Break

10:00 am-10:30 am

Allen Jacobs Memorial Lecture

Groin Pain in Athletes

10:30 am-11:45 am

Tariq M. Awan, DO

Student/Resident/Fellow Luncheon 11:45 am-2:15 pm

Breakout Sessions

2:30 pm-4:00 pm

4:30 pm-6:00 pm (repeat sessions)

- Trauma Pearls, by Kenneth Lossing, DO
- Acute Injuries and Their Treatment with the Fascial Distortion Model (FDM), by Todd Capistrant, DO
- Review of Joint Structure and Function: Live Anatomy, by Frank H. Willard, PhD
- Kinesiology Taping: Better Movement, Better Outcomes, by Abby Perone, DC, CES
- Evaluation of Groin Pain in Athletes, by Tariq Awan, DO
- Pragmatic Sports OMT, by Steven Karageanes, DO, FAOASM, Angela Cavanna, DO, FAOASM;
- R. Rob Franks, DO, FAOASM; Michele Gilseman, DO, FAOASM; Michael Sampson, DO, FAOASM

LBORC Research Forum & Speed Mentoring

7:00 pm-9:00 pm

Evening with the Stars and Stripes

9:00 pm-11:00 pm



Friday, March 25, 2022

Optional Morning Workouts

High Intensity Interval Training with Ron Torrance, DO, FAOSM

6:30 am-7:15 am

Yoga

6:30 am-7:15 am

General Session - Mind

8:00 am-12:45 pm

- Neuropsychological Aspects of Acute Musculoskeletal Trauma, by Frank H. Willard, PhD
- Neuro-Ocular Release Technique: Pain Relief in 3 Seconds, by Richard Feely, DO
- Know Pain, Know Gain - How Pain and the Immune System are our Great Defender Against Trauma, by Luke Bongiorno, PT, MCMT
- Research and Clinical Consideration in the Concussions Evaluation and Management, by P. Gunner Brolinson
- Observations on the Corticomotor Bias of Traumatic Musculoskeletal Injury, by Shawn Flanagan PhD

Lunch

12:45 pm-2:00 pm

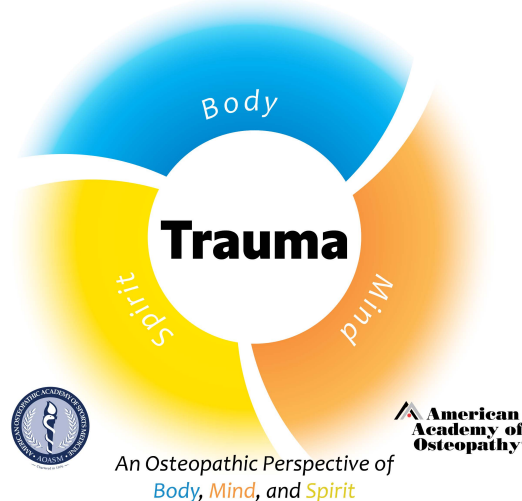
Breakout Sessions

2:00 pm-3:30 pm

4:00 pm-5:30 pm (*** repeat sessions**)

- ***OMT and Concussion: What Inquiring Minds Want to Know**, by P. Gunner Brolinson
- ***Know Pain, Know Gain - How Pain & Immune System is our Great Defender Against Trauma**, by Luke Bongiorno, PT, MCMT
- ***Review of Joint Structure and Function: Live Morbid Anatomy**, by Frank H. Willard, PhD
- ***An Introduction to Transcranial Magnetic Stimulation-Based Neuromuscular Assessment Techniques**, by Shawn Flanagan, PhD and Maria Canino, MS
- ***Vestibular Rehab in a Patient with Concussion**, by Gregory Rubin, DO
- Neuro-Ocular Release, by Richard A. Feely, DO

AAO & AOASM 2022 Convocation



Saturday, March 26, 2022

Optional Morning Workouts

SMASH Class with Abby Perone, DC, CES

6:30am-7:15am

Yoga

6:30am-7:15am

General Session - Spirit 8:00 am-10:45 am

- Non-Accidental Trauma and Sexual Abuse Among Athletes, by Mary Solomon, DO
- The Psychology of Injury Rehabilitation: A Guide for Navigating the Road Back, Greg Dale, PhD
- Experiencing and Healing Trauma: Integrative Approach, by Matthew Sanford

AOASM Case and Research Podium Presentations

10:45 am-12:45 pm

Lunch

12:45 pm-1:30 pm

Breakout Sessions

1:30 pm-3:00 pm

3:30 pm-5:00 pm (repeat sessions)

- Addressing the Psychology of Return to Play Following Injury and Trauma, by Rance McClain, DO, FAOASM and Elizabeth K. McClain, PhD
- TBD
- Review of Joint Structure and Function: Live Morbid Anatomy, by Frank H. Willard, PhD
- Applied Integrative Mind-Body Techniques: Grounding, Expansion, and Sense of Direction, by Matthew Sanford
- The 'Triangle of Conflict' (Malan), by Jake Fleming, DO
- Trauma in Motion, Matter, and Mind, by Steve A. Walkowski, DO

AAO and AOASM Joint Cash Bar Reception

6:30 pm-7:15 pm

Award of Fellows Banquet

7:15pm-10:00 pm

Sunday, March 27, 2022

General Session

8:00 am-12:15 pm

- Pros and Cons: Rehabilitation after OMT, by Al Kozar, DO, FAOASM and Edward Stiles, DO
- Treating the Trauma Spectrum with Osteopathy (and Acupuncture), by Steven A. Walkowski, DO
- Osteopathic Pain Management in the Post-Opioid Era, by James W. Kribs, DO
- Integrative Medicine Approach to Trauma, by Melita Marcial-Schuster, DO

Closing Remarks

12:00 pm-12:15 pm

Convocation Adjourned