



An Osteopathic Perspective of Body, Mind, and Spirit

Student Convocation Session Schedule March 23-27, 2022

Wednesday, March 23, 2022

General Session

8:00 am-10:00 am - Endurance Athletes

- Evolution of Medical Care at the Ironman Triathlon, by TK Miller, MD
- Medical Maladies in Marathoners, by Nathan Fitton, DO
- Analysis of Common Injuries in Rowing, by Alexandra Myers, DO

10:30 am-12:15 pm - Pediatric Sports Medicine

- Cases from the Pediatric Sports Medicine Clinic: Injuries and Overuse, by Kate Berz, DO
- COVID-19, Sports and the Health of Youth and Adolescents, by Alex Diamond, DO
- Early Specialization / Pediatric Burnout, by Mary Solomon, DO

AOASM Business Meeting

12:15 pm-12:45 pm

Lunch Break

12:45 pm-2:00 pm

General Session - Hot Topics

2:00 pm-4:30 pm

- **Russell Wright Memorial Lecture:**
Dr. Wright: The Man, the Osteopath, the Sports Doctor, the "Visionary": Development of the Osteopathic Profession, by Joel Stein, DO, FAOASM
- Between the Lines: Energy Deficiency in Athletes, by Dusty Marie Narducci, MD
- The Power of Iron: How Optimal Levels Help You Reach Your Genetic Potential, by Erica Goldstein, PhD
- Update and Consideration for the Transgender Athlete, by Anne Marie Zeller, DO

Opening Reception

5:00 pm-7:00 pm

AOASM Poster Session

5:00 pm-7:00 pm

Evening with the FAAOs/FAOASMs

7:00 pm-9:00 pm

Evening With the Stars - OMT/MSK PE Skills

9:00 pm-11:00 pm

Thursday, March 24, 2022

Optional Morning Workouts

AAO & AOASM Fun Run

6:30am-7:15am

Yoga

6:30am-7:15am

Student Workshops

8:00 am-9:30 am

- *Intro to Cranial, by Thomas A. Moorcroft, DO and Annette E. Hulse, DO
- *Supine Evaluation of a Patient in a Trauma Situation, by Jacob Joseph Cukierski, DO
- *The Forgotten 4th Trimester, by Meaghan C. Nelsen, DO, MS, FACOOG
- *Chronic Immobilization, by Jos S. Figueroa, DO, FAOCPMR, FAAPMR
- *OMT for the Sideline, by Quinn DO, FAOASM
- Sideline Injury Management - Put It Back!, by Sara E. Wemlinger, DO

10:00 am-11:30 am

**Workshops repeated*

Student/Resident/Fellow Luncheon

11:30 am-1:30 pm

Lectures

1:30 pm-5:30 pm

- Gametime! Head and Neck Trauma, by Christine A. Blonski, DO and Kate A. Grant, DO
- Listening With Your Eyes—an Introduction to Fascial Distortion Model, by Jennifer S. Ribar, DO
- *The Forgotten 4th Trimester, by Meaghan C. Nelsen, DO, MS, FACOOG
- Pain Medicine: An Integrative Osteopathic Approach to Chronic Pain and Addiction, by Robert N. Agnello, DO, FACOFP

LBORC Poster Judging

6:00 pm-7:00 pm

LOBRC Research Forum

7:00 pm-8:30 pm

AAO, AOASM, LBORC Research Forum & RPM Grand Rounds

7:00 pm-9:00 pm

AOASM Speed Mentoring

8:00 pm-9:30 pm

Student Mixer

10:00 pm - 1:00 am



Friday, March 25, 2022

Optional Morning Workouts

High Intensity Interval Training with Ron Torrance, DO, FAOASM

6:30 am-7:15 am

Yoga

6:30 am-7:15 am

Student Workshops

8:00 am-9:30 am

- Spine Boarding and Cervical Spine Injury Management, by Christine A. Blonski, DO and Kate A. Grant, DO
- Fascial Distortion Model: Ankle, Knee, Shoulder, by Jennifer S. Ribar, DO
- Traumatic Entry: OMM and the Experience of Childbirth, by J’Aimee Anne Lippert, DO
- Chronic Disease Complications Amenable to OMT, by Darren L. Grunwaldt, DO
- Treating Patients with Physical Disabilities, by Michael Carnes, DO, FAAO
- Paths to Sports Medicine Panel, by Angela C. Cavanna, DO, FAOASM; Benjamin Boswell, DO; Gillian Wooldridge, DO; Mary Solomon, DO, Sajid A. Surve, DO

10:00 am-11:30 am

Workshops repeated

1:00 p.m.-2:00 p.m.

Intro to Fractures, Splinting and Casting, by Rebeccah Rodriguez Regner, DO, FAOASM

Lectures

2:00 pm-5:30 pm

- Osteopathic Considerations for Patients with History of Child Abuse, by J’Aimee Anne Lippert, DO
- Keeping Mind, Body & Spirit Connected When Dementia Tries to Disconnect, by Sarah A. (Gatza) Payne, DO
- Pearls to Osteopathic Medical Student Success Professionally and Clinically, by Michael P. Rowane, DO, MS, FAAFP, FAAO

Predoctoral Training Job Fair

4:00 pm-7:00 pm

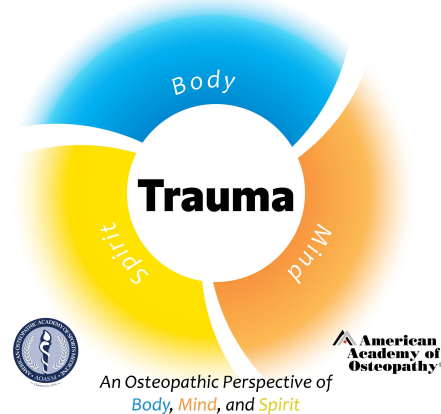
A Hollis Wolf Case Presentation Practice

9:00 pm-11:00 pm

National Undergraduate Fellows Association’s Mixer

9:00 pm-11:00 pm

AAO & AOASM 2022 Convocation



Saturday, March 26, 2022

Optional Morning Workouts

SMASH Class with Abby Perone, DC, CES

6:30am-7:15am

Yoga

6:30am-7:15am

Student Workshops

8:00 am-9:30 am

- The Body's Response to Physician Burnout / Self-OMT for the Physician, by David L. Redding, DO
- Cervical HVLA, by Thomas James Fotopoulos, DO
- Healing the Mind: Depression & Anxiety, by Edward G. Stiles, DO, FAAODist
- Identifying Trauma in the Body: How to Listen to Your Patient, by Hillary Haas, DO
- Casting and Splinting Fractures, by Rebeccah R. Rodriguez Regner, DO, FACOFP

10:00 am-11:30 am

- **Treating Patients with Physical Disabilities, by Michael Carnes, DO, FAAO**
- *Workshops above repeated*

Conclave of Fellows (FAAO's & Students)

10:00 am-12:00 pm

AOASM Case and Research Podium Presentations

10:45-12:45

Harold A Blood, DO, Memorial Lecture, by DeStafano, DO

1:00 pm-2:00 pm

A Hollis Wolf Case Presentation Judging Competition

2:00 pm-4:30 pm

Presentation of Awards

4:30 pm-5:00 pm

AAO and AOASM Joint Cash Bar Reception

6:30 pm-7:15 pm

Award of Fellows Banquet

7:15pm-10:00 pm

Sunday, March 27, 2022

General Session

8:00 am-12:15 pm

- Treating the Trauma Spectrum with Osteopathy (and Acupuncture), by Stevan A. Walkowski, DO
- Osteopathic Pain Management in the Post-Opioid Era, by James W. Kribs, DO
- Integrative Medicine Approach to Trauma, by Melita Marcial-Schuster, DO

Closing Remarks

12:00 pm-12:15 pm

Convocation Adjourned

