

Fascial Distortion Model

Treatment of the Shoulder, Ankle, and Knee

Mar. 20-21, 2022, 8:00 AM to 5:00 PM EST • Pre-Convocation • Orlando, Florida

Course Description

Sometimes referred to as module 1, this introductory course is an excellent starting point on the journey of learning the fascial distortion model (FDM). FDM is an excellent modality to be used in the clinic, on the field, and in the Emergency room for fast effective results.

While there are some specific FDM techniques, emphasis will be placed on thinking and working in the model while using all manipulative modalities. Attendees will be introduced to the theory of FDM while focusing on the shoulder, ankle and knee regions. Learn how FDM expands the toolbox you use to help more patients.

This modality is valuable for any practitioner and no previous manipulation experience required. All medical providers are invited to attend (including MD, DO, PT, OT, PA, NP, DPM, DDS, DMD, ATC, DC, ND, and certified Structural integration).

Prerequisite

4 hours of online content required viewing prior to the first day of the module.

Continuing Medical Education

20 credits of AOA Category 1-A CME are anticipated.

Course Times

Sunday and Monday, Mar. 20-21, 2022, 8:00 am to 5:00 pm EST

Course Location

AAO Pre-Convocation at the Rosen Shingle Creek, Orlando, FL

Meal Information

Coffee and tea will be provided. Breakfast and lunch are on your own.

Course Directors

Todd A. Capistrant, DO, MHA, has been a physician with Tanana Valley Clinic since 2006. He has held many positions with the clinic but his practice is now full time OMM.



Dr. Capistrant began his education at the University of Minnesota where he received a B.S. in Biology. He then went on to complete his medical degree as Doctor of Osteopathy at Des Moines University in Iowa. After completing his medical degree, he completed his Residency in Family Medicine at the University of Minnesota-Bethesda Family Practice. In addition to his medical education, Dr. Capistrant received a Master's degree in Healthcare Administration from Des Moines University in Iowa.

He specializes in Osteopathic Manipulative Medicine and is board certified by the American Board of Family Medicine. He is a member of the American Academy of Family Practice, Northwest Osteopathic Medical Foundation, American Osteopathic Association, American Fascial Distortion Association, American Academy of Osteopathy and the Alaska Osteopathic Medical Society.

Professionally, his medical interests include Osteopathic Manipulation, working with athletes to maximize performance, dance medicine, OMM for pregnant women, and the Fascial Distortion Model of which he is one of three physicians in the U.S. certified to teach seminars on the model, which allows for effective manipulative treatment for most musculoskeletal injuries including pulled muscles, fractures and frozen shoulders.

Registration Fees	On or before Jan 19, 2022		After Jan 19, 2022	
	With Convo	Without Convo	With Convo	Without Convo
AAO and/or AOASM member in practice*	\$765.00	\$850.00	\$855.00	\$950.00
AAO and/or AOASM Member resident	\$585.00	\$650.00	\$675.00	\$750.00
Students	\$405.00	\$450.00	\$495.00	\$550.00
AAO and AOASM Nonmember health care professional	\$1980.00	\$1250.00	\$2070.00	\$1350.00
AAO and AOASM Nonmember resident	\$1800.00	\$1050.00	\$1890.00	\$1150.00
Nonmember Student	\$765.00	\$850.00	\$855.00	\$950.00

*The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.