

AOASM at OMED 2021

October 22-24

Join us virtually and participate from the comfort of home.

Bringing Sports Medicine Home, from the Core to the Extreme!

President: Becca Rodriguez Regner DO, FACFP, FAOASM
Program Chair: Rance McClain, DO, FACFP, FAOASM

"Bringing Sports Medicine Home, from the Core to the Extreme" is AOASM's theme for OMED 2021. We will explore foundational concepts for mainstream sports medicine including the coverage of scholastic sports across the spectrum from youth through collegiate levels. Additionally, we will learn about the athlete's core, both in core strength and conditioning of their body as well as the mind, body, and spirit at the core of every athlete. Finally, we cover the extremes, addressing both the upper and lower extremities as well as sports that are considered on the fringe or extreme side of athletic competition, and what it takes to care for athletes participating in these events.

Program Overview:

OMED is scheduled for delivery on Central Time (CT).

Friday, October 22, 2021

9:30 a.m.-10:30 a.m.: *Sports Medicine: Tips for Integrating Motivational Interviewing, Mindfulness and more in Managing Health of Athletes*

Elizabeth McClain, PhD

10:30 a.m.-11:30 a.m.: *The Employed Collegiate Sports Medicine Physician*

Brett R. Sprouse, DO, MBA

11:30 a.m.-12:30 p.m.: *Opioids, Substance Use, Misuse or Addiction*

Anthony Dekker, DO, FAOAM, FACFP
(Joint Session with ACOFP & ACONP)

1:30 p.m.-2:30 p.m.: *Extreme Sports: Rivers, Rocks, and Trails*

Rance McClain, DO, FACFP, FAOASM

2:45 p.m.-3:45 p.m.: *Extreme Sports Coverage: The Great and Wild Outdoors*

Jason A. Smith, DO, FAOASM (Part 1)
Stephanie Aldret, DO (Part 2)

Saturday, October 23, 2021

(Joint Session Day with AAO)

9:30 a.m.-11:00 a.m.: *ABCs of FDM*

Todd A. Capistrant, DO, MHA

11:00 a.m.-12:30 p.m.: *AAO Northrup Lecture: Integrating Osteopathic Principles into Patient Care. An Approach for All Specialities*

Karen T. Snider, DO, MS, FAAO, FNAOME

1:30 p.m.-3:00 p.m.: *ABCs of Regenerative Therapies*

Donna Alderman, DO

3:00 p.m.-4:00 p.m.: *ABCs of Functional Kyphosis-Posterior Thoracic Core: An Osteopathic Anatomic and Functional Approach*

John Dougherty, DO, FAOASM

4:00 p.m.-5:00 p.m.: *ABCs of Core Stability in the Athlete*

Kate Quinn, DO, FAOASM

Sunday, October 24, 2021

(Joint Session Day with ACOFP & ACONP)

8:00 a.m.-9:00 a.m.: *Adolescent Sports Injuries*

Patrick F. Leary, DO, FAOASM, FACS, FACFP

9:00 a.m.-10:30 a.m.: *The Secret Dual Pandemic: COVID and Physician Mental Health-Addressing Clinician Personal Resilience, From Breakdowns to Breakthroughs*

Miko Rose, DO

10:30 a.m.-11:30 a.m.: *Current Concussion Update from the Team Physician's Consensus Statement*

R. Robert Franks, DO, FAOASM

1:30 p.m.-2:30 p.m.: *Ultrasound: Using an Old Technology to Deliver Health Care for the Future*
(Joint Session with ACOFP, ACONP, & AOCPMR)

Blake Boggess, DO, FAOASM
Albert Kozar, DO, FAOASM, R-MSK

2:30 p.m.-3:30 p.m.: *Common Upper Extremity Injuries in Primary Care*

(Joint Session with ACOFP, ACONP, & AOCPMR)
Priscilla Tu, DO, FAOASM

Registration is open!

Check out the AOA OMED Conference homepage here:
omed.osteopathic.org.

To learn more about registering click here:
<https://omed.osteopathic.org/register-for-omed/>.

Questions? AOASM: Info@aoasm.org
AOA: meetings@osteopathic.org

REMINDER: Don't forget to register as SPORTS MEDICINE on the OMED registration form!



OMED[®]21

Oct. 22-24 | Virtual Conference

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